Darlington CC Open 25 MILE TIME TRIAL
(Event 2 of 3 - DCC Early Season Series)

Sunday 10 April 2022 (First rider off : 09:01)

EVENT OFFICIALS	Geoff Watson (DCC) - Timekeeper
	Steve Fullerton (DCC) - Assistant Timekeeper

EVENT SECRETARY

Malcolm Steer
43 High Lands
Co Durham
DL13 5AS
Mobile: 07908 524659
Landline: 01388 718843 (not on day of event)
email: malcolm.steer@redcentaur.com

EVENT HEADQUARTERS

Leeming Village Hall
Mill Lane, Leeming
`   North Yorkshire
DL7 9SS

From the Organiser

Welcome and thanks for entering the 2nd Open 25 in the new Darlington CC Early Series (event 2 of 3). In total there are 3 events – all in fairly quick succession – all identical. The first took place on 27/03, and following this event there will be one more on 01/05. The March event was the warm up event, with the two after timed to allow you to monitor your improvement on an identical course (T254/1R). At the end of the Series we will award additional prizes to the fastest Senior/Espoir male and female + Junior male & female + Juvenile male and female - using the aggregate of at least two out of the 3 events. So in simple terms to qualify you must ride at least 2 of the 3 events.

Have a great ride.

Awards (if no rider in a category – no prize will be awarded!) *(note – we have focused on the younger riders in the hope to encourage greater participation. I will extend Vets prizes for other events in the series, if we have larger overall entries)*

1st Male & 1st Female - £20 *+ additional £10 if you break the course record*
2nd Male & 2nd Female - £15
1st Male and 1st Female (Roadbike) - £15
1st Junior Male and 1st Female Junior - £15
1st Juvenile Male and 1st Juvenile Female - £15
1st Male and 1st Female Vet – all ages (no separate age cats) - £15

note – award winners will be contacted by email for their bank details. No awards will be made on race day. One rider – one prize . No separate espoir cat – these are inc with seniors

Course record
(male)– Harry Tanfield 47:08 (2020); (female) – Sophie Lankford 59:22 (2020)

The Course

T254/1R: Start on A6055 at expansion joint at south end of bridge spanning railway, approx 0.13 miles north of Leeming Services roundabout. Ride south and go over first roundabout (Leeming Services) continuing through 2nd Roundabout (RAF Leeming/Gatenby) to encircle 3rd Roundabout (Sinderby – 6.6 miles). Retrace northwards back to 2nd roundabout (RAF Leeming/Gatenby) whre straight over and continue to encircle 1st roundabout (Leeming Services – 12.8 miles) to ride south. Straight on at second roundabout (RAF Leeming/Gatenby) to encircle 3rd roundabout (Sinderby 19.0 miles). Retrace northwards to 2nd roundabout (RAF Leeming/Gatenby) where straight over to finish approx 0.3 miles south of Leeming Services roundabout at horse road sign (vs 2020).

Headquarters

On race day, the HQ will be open from 08:00. You must sign in and out from the event - failure to do both will result in disqualification. If you forget, you cannot call me after the event – it must be done at the time of attending the HQ. We will use disposable numbers which will be given to you as you sign on. On completion of your ride and signing back in you are welcome to free tea/coffee/cake.

Finding the HQ

The HQ is at Leeming Village, <u>not Leeming Bar. </u>The nearest junction of the A1M is Junction 51. The Village is immediately adjacent (North West) of RAF Leeming on Roman Road. Mill Lane is directly opposite The Willow Tree Inn.

Parking

Nobody should park in the Village itself or directly outside the hall (except officials). This is an agreement we have with the trustees of the hall. Please respect this at this sensitive time. Parking in the area is not difficult, particularly along the perimeter to the adjacent RAF Leeming Airfield – towards Londonderry. This is less than 0.5 miles from the HQ. Ideally ride or walk to the HQ please.

The following link is a presentation on Darlington Events, the second part covering this Open 25 (including profile/map):

https://www.youtube.com/watch?v=BmqFztDtvE8

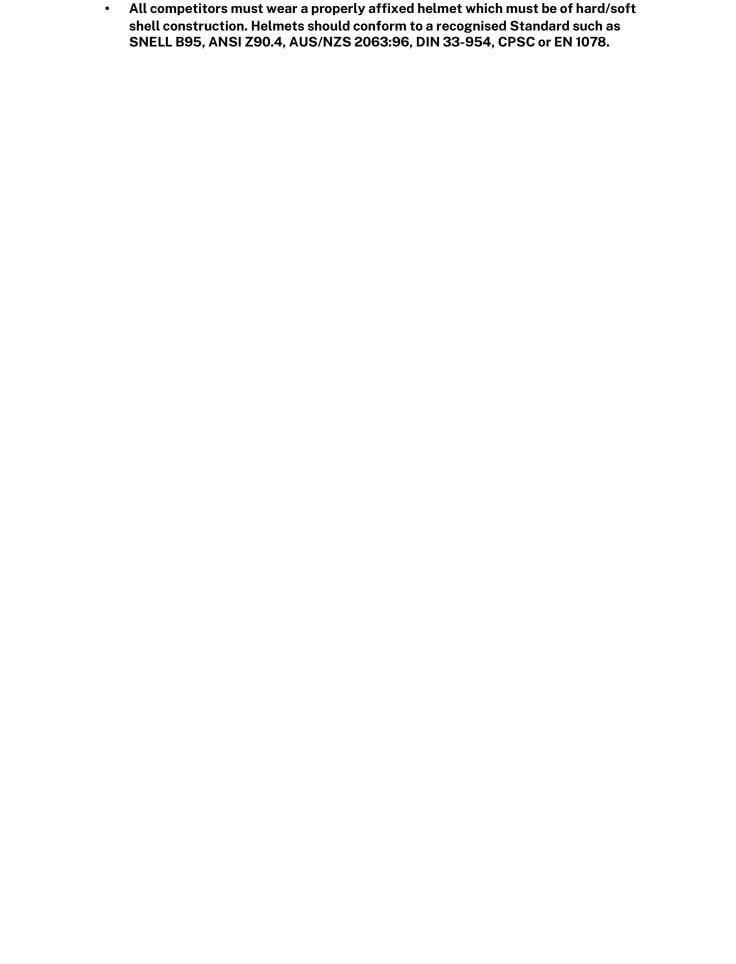|	
Directions to Start	Exit village hall and proceed northwards along Roman Road and on to Leeming Bar village,until you reach the mini-roundabout (Co-op on right). Turn left into Bedale Rd and proceed approx 0.5 miles until you go under the A1M. Immediately after, turn left, passing Leeming Svcs on right side. At small rbt (A6055) turn left again and the start is aprox 0.13 miles on the right side of the road at the railway bridge. Take care crossing road as main feeder lane to Leeming Services.
Warming up	A new section of the A6055 is North from the start point (caution at Bedale Roundabout which can be very busy as feeds off Jct 51 of the A1M). There is a long section of relatively quiet road towards Catterick Village/Marne Barracks that is ideal for warming up. **This is not part of the course so use is at your own risk.**
Start line protocol	**All bikes must have a working rear light and (new for 2022) a working front light– you will not be permitted to start without this. Helmets are now compulsory (again new for 2022). It is unlikely that we will have someone to hold you up at the start so riders should expect to start with one foot on the ground.**
Course Safety	The A6055 is generally low traffic volume as it runs alongside the newer A1M. However you do occasionally get HGVs and, more often, farm vehicles. In the latter case these can be slow moving. DO NOT USE THEM FOR SLIPSTREAMING. Exercise caution at all times, especially when negotiating the two roundabouts. The run down off the A6055 to the Sinderby Rbt is a gentle downhill and you can build up excess speed. Remember – you will get a faster time if you remain on the bike!
At the finish	This is a two circuit course which can make ID of the finishing riders difficult. PLEASE SHOUT OUT YOUR RACE NUMBER ON COMPLETION OF THE SECOND AND FINAL LAP (25 mls).

Additional notes and local Regulations

- **No 'Warming up' by competitors is allowed on the course once the event has started. Please respect this and ensure your vehicle is not on, or on the verge, of any part of the A6055 that is used by competitors.**

- **No "U" TURNS are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.**

- **Marshals placed to direct competitors ONLY. They have no powers to stop/direct other road users.**

- **All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.**

2022 Teesside District Road Bike Spec

Signing On

When signing on YOU MUST tick the required column to indicate that you are to compete on a road bike. The onus is on you. If you do not tick the column we will not know you want inclusion in the road bike cat and you will be incorporated into the main field and will not qualify for any road bike award. *(note that there is no facility to separate road bike and general field rides on the CTT website so they will all appear in time order as one block)*

The Rider

No time trial style pointy helmets (including Kask Bambino), or helmets with built in visors are to be worn.

Use of skinsuits is permitted.

No riding with elbows or forearms on the handlebars. If witnessed, the competitor will be disqualified.

The Machine

The frame should be constructed in the traditional pattern, i.e. built around a main triangle. Multi geared bikes as well as fixed wheel machines are permitted.

No time trial style or triathlon forward extension bars with or without elbow pads will be present.

Wheels should be of a spoked construction, with a minimum of 12 spokes and a maximum depth of 65mm.

Please apply the spirit of the road bike competition in your equipment choice. Non-compliance with any of the above (albeit for point 3 in rider section) will result in the competitor being excluded from the road bike category/result, but included in the open event result.

Parental Consent forms for riders under the age of 18

All riders in this category must provide a completed and signed (original) Parental consent form on race day before they will be allowed to sign on.

https://www.cyclingtimetrials.org.uk/documents/index/guardians